



Sage Flowers Planting Guide

About Sage Flowers

Offering a long and prolific blooming season, Sage is almost guaranteed to attract beautiful and beneficial bees and butterflies to your yard. Sage flowers offer beautiful blooms of blue, pink, purple, red, white, or yellow, depending on the variety.

When to Plant

Direct sow Salvia Sage seeds after the threat of frost has passed in Spring. Ideal soil temperatures range from 65-85°F for the best germination success. For earlier blooms, start Sage seeds indoors approximately 10 weeks before the final frost date.

Where to Plant

Salvia Sage thrives with full sun exposure, though it can tolerate light shade. Humus-rich, well-drained soil is the best choice for Sage plants.

How to Plant

Loosen the soil of your planting space to give the easiest conditions for your Sage to establish. Sow seeds onto the surface of the soil about 12-18 inches apart, and lightly rake in, but do not cover the seeds. Salvia Sage will want exposure to sunlight in order to germinate. Germination will take place in 10-15 days.

Caring for Flowers

Once seedlings come up, thin out Salvia Sage to 1 plant every 24-36 inches apart in spacing. Once established, Sage is low maintenance. Ensure soil remains moist, and manually water if conditions become dry. Deadhead spent flowers to encourage additional bloom. Salvia Sage may begin to look worn out by mid-summer. Cutting them down by 1/3 will help to reinvigorate the plant. Salvia Sage will self-sow if flowers are allowed to develop seed pods.